

MEASURE UP! GET YOUR GEAR!



SPARRING
GEAR

SHOE
SIZE

Child Small	1 - 2
Child Medium	3 - 4
Child Large	5 - 6
Adult Small	7 - 7 1/2
Adult Medium	8 - 8 1/2
Adult Large	9 - 10
Adult XLarge	11 - 12
Adult XXLarge	13 - 14



XL
L
M
S
CHILD
M

NO CHILD SMALL