

The Koguryo dynasty was founded in what year?

The Koguryo dynasty was founded in what year?

37 BC

The Paekche dynasty was founded in what year?

The Paekche dynasty was founded in what year?

18 BC

The Silla dynasty was founded in what year?

The Silla dynasty was founded in what year?

57 BC

What year did Grandmaster Shin come to the United States?

What year did Grandmaster Shin come to the United States?

1968

What year was Grandmaster Shin born?

What year was Grandmaster Shin born?

1936

Where was Grandmaster Shin born?

Where was Grandmaster Shin born?

Korea

What is the Korean term for "arm"?

What is the Korean term for "arm"?

Pahl

What is the Korean term for "foot"?

What is the Korean term for "foot"?

Bahl

What is the Korean term for "forehead"?

What is the Korean term for "forehead"?

I Ma

What magazine honored Grandmaster Shin as a
"20th Century Warrior"?

What magazine honored Grandmaster Shin as a
"20th Century Warrior"?

Black Belt

What was the name of the first complete martial arts book?

What was the name of the first complete martial arts book?

Mooyae Dobo Tongji

When was Mooyae Dobo Tongji written?

When was Mooyae Dobo Tongji written?

1790

What was the name of the corps of young aristocrats who developed the martial arts in the Silla dynasty?

What was the name of the corps of young aristocrats who developed the martial arts in the Silla dynasty?

Hwa Rang Dan

Who wrote the 5 codes of Tang Soo Do?

Who wrote the 5 codes of Tang Soo Do?

Won Kwang

"Serious approach" is an example of a Tang Soo Do
_____.

"Serious approach" is an example of a Tang Soo Do

_____.

Attitude Requirement

"In fighting, choose with sense and honor" is an example of a Tang Soo Do _____.

"In fighting, choose with sense and honor" is an example of a Tang Soo Do _____.

Code

Grandmaster Shin's favorite pastime was:

Grandmaster Shin's favorite pastime was:

Teaching children

Grandmaster Shin began his training at the age of:

Grandmaster Shin began his training at the age of:

Twelve

Grandmaster Shin's instructor was:

Grandmaster Shin's instructor was:

Hwang Kee

Grandmaster Shin was introduced to the martial arts
under this training system:

Grandmaster Shin was introduced to the martial arts
under this training system:

Mu Duk Kwan

Grandmaster Shin's college degree was in this field:

Grandmaster Shin's college degree was in this field:

Political Science

"Concentration" is an example of a Tang Soo Do
_____.

"Concentration" is an example of a Tang Soo Do

_____.

Tenet

Martial arts were banned from being practiced or taught in Korea during this time period:

Martial arts were banned from being practiced or taught in Korea during this time period:

1909 to 1945

The Korean term "Ku Ryung" means:

The Korean term "Ku Ryung" means:

Command

The words "blood, life, energy, attention, and control"
are associated with which belt?

The words "blood, life, energy, attention, and control"
are associated with which belt?

Red

The words "maturity, respect, and honor" are associated with which belt?

The words "maturity, respect, and honor" are associated with which belt?

Dark Blue

The words "power, agility, stability, weight, and wisdom" are associated with which belt?

The words "power, agility, stability, weight, and wisdom" are associated with which belt?

Brown

The words "mastery, calm, dignity, and sincerity" are associated with which belt?

The words "mastery, calm, dignity, and sincerity" are associated with which belt?

Black

The Korean term for "horse riding stance" is:

The Korean term for "horse riding stance" is:

Kee Ma Ja Seh

"Cchik Ki" is the Korean term for:

"Cchik Ki" is the Korean term for:

Axe Kick

"Jang Kwan" is the Korean term for:

"Jang Kwan" is the Korean term for:

Heel of Palm

"Kap Kwan" is the Korean term for:

"Kap Kwan" is the Korean term for:

Back Fist

"Jung Kwan" is the Korean term for:

"Jung Kwan" is the Korean term for:

Fore Fist

What was the name of the Chief Monk that welcomed Grandmaster Shin to the Shaolin Temple in 1984?

What was the name of the Chief Monk that welcomed Grandmaster Shin to the Shaolin Temple in 1984?

Hang Jung

What year was Jae C. Shin recruited into the Korean Air Force to teach American soldiers?

What year was Jae C. Shin recruited into the Korean Air Force to teach American soldiers?

1958

"Ahneso Phaku Ro Mahk Ki" is the Korean term for:

"Ahneso Phaku Ro Mahk Ki" is the Korean term for:

Inside Outside Block

"Choong Dan Hang Jin" is the Korean term for:

"Choong Dan Hang Jin" is the Korean term for:

Side Punch

The Korean term for "High Block, Fighting Stance" is:

The Korean term for "High Block, Fighting Stance" is:

Hu Kul Sang Dan Mahk Ki

The Korean term for "Middle Section Punch" is:

The Korean term for "Middle Section Punch" is:

Choong Dan Kong Kyuck

"Kwan Soo Kong Kyuck" is the Korean term for:

"Kwan Soo Kong Kyuck" is the Korean term for:

Spear Hand Punch

"Nae Kong" is the Korean term for:

"Nae Kong" is the Korean term for:

Internal Power Exercise

The Korean term for "Focus of Eyes" is:

The Korean term for "Focus of Eyes" is:

Shi Sun

The Korean term for "Thank You" is:

The Korean term for "Thank You" is:

Ko Map Sum Ni Da

"Shim Sa Kwan Nim" is the Korean term for:

"Shim Sa Kwan Nim" is the Korean term for:

Examiner

"Tae Keuk" is the Korean term for:

"Tae Keuk" is the Korean term for:

Korean Flag

The Silla Dynasty was overthrown by this warlord in
918 AD:

The Silla Dynasty was overthrown by this warlord in
918 AD:

Wang Kun

The kingdom that replaced the Silla dynasty in 918
AD was called:

The kingdom that replaced the Silla dynasty in 918
AD was called:

Koryo

In 1392, this new kingdom succeeded it and lasted about 500 years:

In 1392, this new kingdom succeeded it and lasted
about 500 years:

Yi Dynasty

The Korean term for "breaking" is:

The Korean term for "breaking" is:

Kyuck Pa

The dobahk's origin in Korea can be traced back to:

The dobahk's origin in Korea can be traced back to:

600 AD

Grandmaster Shin had this number of areas of expertise:

Grandmaster Shin had this number of areas of expertise:

6

The belt on the do bohk is called a:

The belt on the do bohk is called a:

Dee

Pyung Ahn E Dan contains this many moves:

Pyung Ahn E Dan contains this many moves:

29

Pyung Ahn Cho Dan contains this many moves:

Pyung Ahn Cho Dan contains this many moves:

22

Bassai contains this many moves:

Bassai contains this many moves:

52

The Korean term for "Side Stretch Kick" is:

The Korean term for "Side Stretch Kick" is:

Yup Poto Oly Ki

"Choong Dan Yup Mahk Ki" is the Korean term for:

"Choong Dan Yup Mahk Ki" is the Korean term for:

Side Defense

"Yuk Jin" is the Korean term for:

"Yuk Jin" is the Korean term for:

Knife Hand Defense and Reverse Punch, Fighting
Stance

The Korean term for "Begin" is:

The Korean term for "Begin" is:

Shi Jak

The Korean term for "Foot Techniques" is:

The Korean term for "Foot Techniques" is:

Jok Ki

The Korean term for "Third" is:

The Korean term for "Third" is:

Sam

The Korean term for "Four" is:

The Korean term for "Four" is:

Net

"Yasot" is the Korean term for:

"Yasot" is the Korean term for:

Six

"Chil" is the Korean term for:

"Chil" is the Korean term for:

Seventh

The Korean term for "Ninth" is:

The Korean term for "Ninth" is:

Ku

The Korean term for the symbol on the Korean flag is:

The Korean term for the symbol on the Korean flag is:

Tae Keuk

On the Korean flag, the three broken bars on the symbol represent:

On the Korean flag, the three broken bars on the symbol represent:

Earth

On the Korean flag, the three unbroken bars on the symbol represent:

On the Korean flag, the three unbroken bars on the symbol represent:

Heaven

On the Korean flag, the two unbroken bars with a broken bar between them represent:

On the Korean flag, the two unbroken bars with a broken bar between them represent:

Fire

On the Korean flag, the two broken bars with an unbroken bar between them represent:

On the Korean flag, the two broken bars with an unbroken bar between them represent:

Water

The origins of Tang Soo Do can be traced back how many years?

The origins of Tang Soo Do can be traced back how many years?

2000

"Tollyo Cha Ki" is the Korean term for:

"Tollyo Cha Ki" is the Korean term for:

Round House Kick

The Korean term for "Jump Side Kick" is:

The Korean term for "Jump Side Kick" is:

E Dan Yup Cha Ki

The Korean term for "Meditate" is:

The Korean term for "Meditate" is:

Muk Yum

Attitude Requirement number 10 is:

Attitude Requirement number 10 is:

Always follow a routine training schedule.

True or false, culturalism is one of the mottos that the World Tang Soo Do Association was founded upon:

True or false, culturalism is one of the mottos that the World Tang Soo Do Association was founded upon:

FALSE

The Korean term "Pyung Ahn" is associated with the words:

The Korean term "Pyung Ahn" is associated with the words:

Calm, Peaceful, Safe, Confident

The Korean term "Kup So" means:

The Korean term "Kup So" means:

Vital Points

True or false, "Advanced Black Belt" is a recognized type of Black Belt:

True or false, "Advanced Black Belt" is a recognized type of Black Belt:

FALSE

The 6 stars on the Association symbol represent:

The 6 stars on the Association symbol represent:

The six inhabited continents

Grandmaster Shin began his formal training in this
dojang:

Grandmaster Shin began his formal training in this
dojang:

Seoul Mu Duk Kwan Central Gym

Grandmaster Shin received his degree from this
university:

Grandmaster Shin received his degree from this
university:

Korea University

Grandmaster Shin's first school in the United States
was in this city:

Grandmaster Shin's first school in the United States
was in this city:

Burlington, New Jersey

The red circle in the World Tang Soo Do Association symbol represents:

The red circle in the World Tang Soo Do Association
symbol represents:

Unity and Brotherhood

True or false, the elbow is labeled as a vital spot when learning striking points?

True or false, the elbow is labeled as a vital spot when learning striking points?

FALSE

What kick is the practitioner doing in the World Tang
Soo Do Association symbol?

What kick is the practitioner doing in the World Tang
Soo Do Association symbol?

E Dan Yup Cha Ki

The Korean term for "Self-defense" is:

The Korean term for "Self-defense" is:

Ho Sin Sul

"Kong Kyuck" is the Korean term for:

"Kong Kyuck" is the Korean term for:

Attack

These two Korean terms are associated with the number "5":

These two Korean terms are associated with the number "5":

Oh and Tasot

These two Korean terms are associated with the number "1":

These two Korean terms are associated with the
number "1":

Il and Hana

The Korean term for "Neck" is:

The Korean term for "Neck" is:

Mok

The Korean term for "Fist" is:

The Korean term for "Fist" is:

Chu Mok

The Korean term for "Groin" is:

The Korean term for "Groin" is:

Ko Hwan

"Da Ri" is the Korean term for:

"Da Ri" is the Korean term for:

Leg

"Kyum Son" is the Korean term for:

"Kyum Son" is the Korean term for:

Humility

"Chon Kyung" is the Korean term for:

"Chon Kyung" is the Korean term for:

Respect

The word "Tang" in Tang Soo Do refers to:

The word "Tang" in Tang Soo Do refers to:

The T'ang Dynasty in China

The Korean Soo Bahk Do Association was founded
in:

The Korean Soo Bahk Do Association was founded
in:

1945

Who founded the Korean Soo Bahk Do Association?

Who founded the Korean Soo Bahk Do Association?

Master Hwang Kee

The Korean Tae Kwan Do Association was founded in
what year?

The Korean Tae Kwan Do Association was founded in
what year?

1965

"Cha Ryut" is the Korean term for what?

"Cha Ryut" is the Korean term for what?

Attention

"Kukgi Bae Rye" is the Korean term for what?

"Kukgi Bae Rye" is the Korean term for what?

Salute to flag

"Ba Ro" is the Korean term for what?

"Ba Ro" is the Korean term for what?

Return

"Ahn Jo" is the Korean term for what?

"Ahn Jo" is the Korean term for what?

Sit

"Muk Yum" is the Korean term for what?

"Muk Yum" is the Korean term for what?

Mediation

"Kwan Chang Nim E Kyung Yet" is the Korean term
for what?

"Kwan Chang Nim E Kyung Yet" is the Korean term
for what?

Bow to Grandmaster

"Sah Bum Nim E Kyung Yet" is the Korean term for
what?

"Sah Bum Nim E Kyung Yet" is the Korean term for what?

Bow to Instructor

"Choon Bee" is the Korean term for what?

"Choon Bee" is the Korean term for what?

Ready

"Bahl Cha Ki Choon Bee" is the Korean term for
what?

"Bahl Cha Ki Choon Bee" is the Korean term for
what?

Ready for kick

"Shio" is the Korean term for what?

"Shio" is the Korean term for what?

Relax or rest

"Shi Jak" is the Korean term for what?

"Shi Jak" is the Korean term for what?

Begin

"Tora" is the Korean term for what?

"Tora" is the Korean term for what?

Turn

"Dwi Ro Tora" is the Korean term for what?

"Dwi Ro Tora" is the Korean term for what?

Turn to rear

"Ku Ryung" is the Korean term for what?

"Ku Ryung" is the Korean term for what?

Command

"Ku Ryung E Mat Cho So" is the Korean term for
what?

"Ku Ryung E Mat Cho So" is the Korean term for
what?

By the count

"Ku Ryung Up Shi" is the Korean term for what?

"Ku Ryung Up Shi" is the Korean term for what?

Without the count

Number of moves in the Sae Kye Hung forms?

Number of moves in the Sae Kye Hung forms?

20

Number of moves in Pyung Ahn Sam Dan?

Number of moves in Pyung Ahn Sam Dan?

25

Number of moves in Pyung Ahn Sah Dan?

Number of moves in Pyung Ahn Sah Dan?

29

Number of moves in Pyung Ahn Oh Dan?

Number of moves in Pyung Ahn Oh Dan?

27

Number of moves in Naihanchi Cho Dan?

Number of moves in Naihanchi Cho Dan?

33

Date of the Charter Convention for the World Tang
Soo Do Association?

Date of the Charter Convention for the World Tang
Soo Do Association?

November 13-14, 1982

Location of the Charter Convention for the World Tang
Soo Do Association?

Location of the Charter Convention for the World Tang
Soo Do Association?

Philadelphia

What three mottos were proclaimed at the Charter Convention of the World Tang Soo Do Association?

What three mottos were proclaimed at the Charter Convention of the World Tang Soo Do Association?

Traditionalism, Professionalism, and Brotherhood

What are the three purposes of Tang Soo Do training?

What are the three purposes of Tang Soo Do training?

Self Defense, Health, Better Person

What are the five codes of Tang Soo Do?

What are the five codes of Tang Soo Do?

Loyalty to country

Obedience to parents

Honor friendship

No retreat in battle

In fighting choose with sense and honor

What are the seven tenets of Tang Soo do?

What are the seven tenets of Tang Soo do?

Integrity
Concentration
Perseverance
Respect and Obedience
Self Control
Humility
Indomitable Spirit

What are the fourteen attitude requirements of Tang Soo Do?

What are the fourteen attitude requirements of Tang Soo Do?

1. Purpose of training should be enhancement of mental and Physical betterment.
2. Serious approach.
3. All out effort.
4. Maintain regular and constant practice.
5. Practice basic techniques all the time.
6. Regularly spaced practice sessions.
7. Always listen to and follow the direction of instructors or seniors.
8. Do not be overly ambitious.
9. Frequently inspect your own achievements.
10. Always follow a routine schedule.
11. Repeatedly practice all techniques already learned.
12. When you learn new techniques, learn thoroughly the theory and philosophy as well.
13. When you begin to feel idle try to overcome this.
14. Cleanliness is required after training. Keep yourself and your surroundings clean.

What does the Um, Yang represent on the Tang Soo
Do symbol?

What does the Um, Yang represent on the Tang Soo
Do symbol?

Opposing but complimentary forces (good, evil)

What does the white belt represent?

What does the white belt represent?

Primitive stage of achievement, like a seed lying dormant beneath the snows of winter.

What does the orange belt represent?

What does the orange belt represent?

New growth, which appears in spring.

What does the green belt represent?

What does the green belt represent?

Speedy development of youth as summer arrives.

What does the brown belt represent?

What does the brown belt represent?

Power, stability, agility, weight, and wisdom. Like a plant slowing their growth and preparing to bloom in late summer.

What does the red belt represent?

What does the red belt represent?

Blood, life, energy, attention, and control. Techniques begin to bloom and ripen.

What does the dark blue belt represent?

What does the dark blue belt represent?

Maturity, respect, and honor. Final step needed to prepare for black belt.

What does the black belt represent?

What does the black belt represent?

Mastery, calmness, dignity, and sincerity. Final stage of one's life and beginning of the next.

"Choon Bee Ja Seh" is the Korean term for what?

"Choon Bee Ja Seh" is the Korean term for what?

Ready stance

"Chun Kul Ja Seh" is the Korean term for what?

"Chun Kul Ja Seh" is the Korean term for what?

Front Stance

"Hu Kul Ja Seh" is the Korean term for what?

"Hu Kul Ja Seh" is the Korean term for what?

Fighting stance

"Kee Ma Ja Seh" is the Korean term for what?

"Kee Ma Ja Seh" is the Korean term for what?

Horse riding stance

"Sa Ko Rip Ja Seh" is the Korean term for what?

"Sa Ko Rip Ja Seh" is the Korean term for what?

Side stance

"Sun Bae" is the Korean term for what?

"Sun Bae" is the Korean term for what?

Senior member

"Sae Kye Tang Soo Do Hyup Hoi" is the Korean term
for what?

"Sae Kye Tang Soo Do Hyup Hoi" is the Korean term
for what?

World Tang Soo Do Association

"Hu Bae" is the Korean term for what?

"Hu Bae" is the Korean term for what?

Junior member

"Kukgi" is the Korean term for what?

"Kukgi" is the Korean term for what?

National flag

"Hyup Hoi Ki" is the Korean term for what?

"Hyup Hoi Ki" is the Korean term for what?

Association flag

"Choon Bee Woon Dong" is the Korean term for what?

"Choon Bee Woon Dong" is the Korean term for
what?

Warm up exercise

"Il Soo Sik Dae Ryun" is the Korean term for what?

"Il Soo Sik Dae Ryun" is the Korean term for what?

One step sparring

"Ja Yu Dae Ryun" is the Korean term for what?

"Ja Yu Dae Ryun" is the Korean term for what?

Free sparring

"Ho Sin Sul" is the Korean term for what?

"Ho Sin Sul" is the Korean term for what?

Self defense

What are the seven tenets of Tang Soo Do?

What are the seven tenets of Tang Soo Do?

Integrity
Concentration
Perseverance
Respect and Obedience
Self Control
Humility
Indomitable Spirit

What Does the Korean Word 'Bae' mean?

What Does the Korean Word 'Bae' mean?

Member

What Does the Korean Word 'Bassai' mean?

What Does the Korean Word 'Bassai' mean?

Selection of the Best

What Does the Korean Word 'Cho Bo Ja' mean?

What Does the Korean Word 'Cho Bo Ja' mean?

Beginner

What Does the Korean Word 'In Neh' mean?

What Does the Korean Word 'In Neh' mean?

Endurance

What Does the Korean Word 'Chun Shin Tong Il'
mean?

What Does the Korean Word 'Chun Shin Tong Il'
mean?

Concentration

What Does the Korean Word 'Dee' mean?

What Does the Korean Word 'Dee' mean?

Belt

What Does the Korean Word 'Il Soo Sik Dae Ryun'
mean?

What Does the Korean Word 'Il Soo Sik Dae Ryun'
mean?

One Step Sparring

What Does the Korean Term 'Im Shi Gup' mean?

What Does the Korean Term 'Im Shi Gup' mean?

Temporary oral rank branded by Kwan Chang Nim

What Does the Korean Word 'Ipjuk' mean?

What Does the Korean Word 'Ipjuk' mean?

Confirming your oath of devotion to the martial arts

What Are Two Ways To Count to Ten in Korean?

What Are Two Ways To Count to Ten in Korean?

Hana, Tul, Set, Net, Tasot, Yasot, Ilgup, Yodol, Ahop,
Yol

Il, E, Sam, Sah, Oh, Yuk, Chil, Pahl, Ku, Sip

What Does the Korean Word 'Ki cho soon' mean?

What Does the Korean Word 'Ki cho soon' mean?

Basic technique exercise

What Does the Korean Word 'Weh kong' mean?

What Does the Korean Word 'Weh kong' mean?

External Power Exercise

What Does the Korean Word 'Shim kong' mean?

What Does the Korean Word 'Shim kong' mean?

Spiritual power exercise

What Does the Korean Word 'Shim Sa' mean?

What Does the Korean Word 'Shim Sa' mean?

Dan and Gup testing

What Does the Korean Word 'Moo shim' mean?

What Does the Korean Word 'Moo shim' mean?

Empty mind

What Does the Korean Word 'Bahl poto oly ki' mean?

What Does the Korean Word 'Bahl poto oly ki' mean?

Front Stretch Kick

What Does the Korean Word 'Dwi hu ryo cha ki'
mean?

What Does the Korean Word 'Dwi hu ryo cha ki'
mean?

What Does the Korean Word 'Yup hu ryo cha ki'
mean?

What Does the Korean Word 'Yup hu ryo cha ki'
mean?

Hook Kick

What Does the Korean Word 'Soo ki' mean?

What Does the Korean Word 'Soo ki' mean?

Hand Techniques

What Does the Korean Word 'Yuk Soo Do' mean?

What Does the Korean Word 'Yuk Soo Do' mean?

Yuk Soo Do

What Does the Korean Word 'Yuk' mean?

What Does the Korean Word 'Yuk' mean?

Sixth

What Does the Korean Word 'Hur Ri' mean?

What Does the Korean Word 'Hur Ri' mean?

Waist

What Does the Korean Word 'Myung Chi' mean?

What Does the Korean Word 'Myung Chi' mean?

Solar Plexus

What Does the Korean Word 'Tuck' mean?

What Does the Korean Word 'Tuck' mean?

Chin