

WORLD TANG SOO DO ASSOCIATION

VAUGHN'S DOJANG

7th GUP STUDY GUIDE

Historical View of Tang Soo Do

In Tang Soo Do, to what does “Tang” refer? Ancient dynasty in China
In Tang Soo Do, to what does “Do” refer? Way or path

The Flags

What do the three solid lines in the upper left-hand corner on the Korean flag represent? Heaven
What do the two solid and one broken line in the lower left-hand corner on the Korean flag represent? Fire

Hyung (Forms)

What is the second World Tang Soo Do form? Sae Kye Hyung E Bu
In which direction is the first low block in Sae Kye Hyung E Bu? To the left
What kick do you do in Sae Kye Hyung E Bu? Side kick
When delivering a side kick, what part of the foot is used? Knife-edge of foot
When delivering a front kick, what part of the foot is used? Ball of foot
What part of your foot do you use to deliver a high-level round house kick? Top or ball of foot
What is the best stance to do a front kick? Fighter’s stance
In the final center punch of Sae Kye Hyung E Bu, in which direction are you facing? To the right
What is the stance at the very beginning of every Sae Kye Hyung? Ready stance
How many Ki Haps are there in Sae Kye Hyung E Bu? Two
How many moves are there in each of the Sae Kye Hyung? Twenty

Terminology & Techniques

How do you say “Uniform” in Korean? Do Bohk
How do you say “Thank you” in Korean? Ko Map Sum Ni Da
How do you say “Low block” in Korean? Ha Dan Mahk Ki
How do you say “High block” in Korean? Sang Dan Mahk Ki
How do you say “Front kick” in Korean? Ahp Cha Ki
How do you say “Side kick” in Korean? Yup Cha Ki
How do you say “Round house kick” in Korean? Tollyo Cha Ki
How do you say “Fighter’s stance” in Korean? Hu Kul Ja Seh
How do you say “Front stance” in Korean? Chun Kul Ja Seh
How do you say “Stance” in Korean? Jah Seh
What is a Dojang? Training hall

What does Cha Ryut mean?
What does Ko Map Sum Ni Da mean?
What is the translation for Sang Dan?
What is the translation for Ha Dan?
What is a Ki Hap?
What is a Dee?

Attention
Thank you for the lesson
High part
Low part
A loud yell
A belt

Courtesy and Protocol (Rules)

Why do you bow to your instructor?
When entering or leaving the class, you should always...
When called to attention, you should...
How early should every student arrive at every class?
What is the second promotion up from white belt?
How many tenets are there in Tang Soo Do?
How many attitude requirements are there in Tang Soo Do?
What is the best way to keep the Dojang clean?

To show respect and humility
Bow and salute the flags
Not talk or make noise
15 minutes – to stretch out
Full orange belt
Seven
Fourteen
Look for something to pick up or
clean up without being asked