

2010 ADULT CLINIC SCHEDULE	
FRIDAY JUNE 11, 2010	
5:00 - 7:00 pm	Check-in – Thompson Hall (main gym)
7:00 - 8:00 pm	Greetings & Orientation – Thompson Hall Kwan Chang Nim / P. Mimidis
Lectures:	
8:00 pm	Mr. Neil Bandel – Keep On Training
8:30 pm	George Maybroda – Overcoming Failure
9:00 pm	Master John Gallagher---Fear is the Enemy
9:30 pm	Social Time
10:00 pm	Bedtime
SATURDAY, JUNE 12, 2010	
7:00-7:15 am	Roll call (Assoc. t-shirts, sneakers) – P. Mimidis (main gym)
7:15-8:00 am	Ki Kong – Kwan Chang Nim (main gym)
8:00-10:00 am	Breakfast and clean-up
10:00-11:00 am	
Group A	Takedowns – Mr. Tom Kifolo
Group B	Sword One-Step Techniques – Master Britt
Group C	Sparring – Master Adam White
Group D	Grappling/ground fighting – Master Menilli
Group E	Tai Kuk Ki Gong (18 move Ki Gong Form) – Mr. Frank Altieri
Group F	Hyung Movement for Self-Defense – Master Molinaro
Group G	Practical Application of Techniques in Hyung – Master Black
Group H	Test Conductor Training – Mr. Jim Brenner / Mr. Borriello
Group I	CPR / AEAD – C. Jones – (Class will run until 1 pm)
10:30 - 11:30 am	Basic Conditioning – J. Horwath
11:30 - 12:20 pm	Group Hyung with Kwan Chang Nim
11:30 - 12:20 pm	Concurrent group – Leadership Class Training – J. Gallagher / F. Fattori
12:30 - 2:00 pm	Lunch
2:00 - 3:00 pm	
Group 1	All Cho Dan Bo – Master Joe Centrone and team. Detailed training in all required curriculum for Cho Dan test.
Group 2	All Cho Dan – Mr. Frank Fattori and team. Detailed training in all required curriculum for E Dan test.
Group 3	All E Dan – Master Kevin Robinson and team. Detailed training in all required curriculum for Sam Dan test.
Group 4	All Sam Dan and Sah Dan – Master Mark Causerano and team. Detailed training in all required curriculum for Sah Dan and higher testing.
Group 5	Masters and Sah Dan Training – Master Chambliss
3:00 - 4:00 pm	
Group A	Takedowns – Mr. Tom Kifolo
Group B	Sword One-Step Techniques – Master Britt
Group C	Sparring – Master Adam White
Group D	Grappling/Ground Fighting – Master Menilli
Group E	Tai Kuk Ki Gong (18 move Ki Gong Form) – Mr. Frank Altieri
Group F	Hyung Movement for Self-Defense – Master Molinaro
Group G	Practical Application of Techniques in Hyung – Master Black

2010 ADULT CLINIC SCHEDULE (CONT'D)	
Group H	Test Conductor Training – Mr. Jim Brenner / Mr. Borriello
4:00 - 5:00 pm	
Group 1	All Cho Dan Bo – Master Joe Centrone and team. Detailed training in all required curriculum for Cho Dan test.
Group 2	All Cho Dan – Mr. Frank Fattori and team. Detailed training in all required curriculum for E Dan test.
Group 3	All E Dan – Master Kevin Robinson and team. Detailed training in all required curriculum for Sam Dan test.
Group 4	All Sam Dan and Sah Dan – Master Mark Causerano and team. Detailed training in all required curriculum for Sah Dan and higher testing.
Group 5	Masters and Sah Dan Training – Master Chambliss
5:00-6:30 pm	Dinner and Clean-up
6:30-7:00 pm	Master Kevin Harrold – You said what in the dojang??
7:00-7:30 pm	Master Kevin Robinson
7:30-8:00 pm	Master Paul Mimidis – Closing Comments
SUNDAY, JUNE 11 2010	
6:00 am	Sunday Service (optional)
7:00 - 7:15 am	Roll call (Assoc. t-shirts, sneakers) – P. Mimidis (main gym)
7:15 - 8:00 am	Ki Kong – Kwan Chang Nim (main gym)
8:00 - 10:00 am	Breakfast and clean-up
10:00 - 11:00 am	
Group A	Takedowns – Mr. Tom Kifolo
Group B	Sword One-Step Techniques – Master Britt
Group C	Sparring – Master Adam White
Group D	Grappling / Ground Fighting + Master Menilli
Group E	Tai Kuk Ki Gong (18 move Ki Gong Form) – Mr. Frank Altieri
Group F	Hyung Movement for Self-Defense – Master Molinaro
Group G	Practical Application of Techniques in Hyung – Master Black
11:00 - 11:50 am	Group Hyung with Kwan Chang Nim
12:00 - 1:00 pm	Graduation and Dan Promotions
12:30 - 2:00 pm	Lunch / Check-out

This form and additional information will be available for download at the regional website: www.wtsdaregion8.com.